

The Importance of Proper Tie-Off While Working at Heights

Tie off is required when 6' off the ground and/or closer than 6' to an exposed edge. The choice of a good anchorage point is crucial.

The anchorage point must be strong enough to withstand the force generated by the fall (5,000 lbs).

In general, good anchors are places such as columns and beams.

Do not tie back to a Lanyard, unless the lanyard is designed for such use.



DO NOT anchor to areas with sharp edges, small pipes, hot pipes, electrical conduit, portable ladder rungs, flanges, exposed bolts or C-Clamps.

Tie-off as far above your work location as possible and limit your fall distance to 4 feet.



In place of tying back to a lanyard that is not designed for that purpose, beam straps should be used.

Fall Protection is only good if we wear it when required, if we wear it correctly, and choose our tie off points wisely.....It's up to you to ensure that your fall protection will save your life, if need be..